

Flegere to Chalet Floria Ride

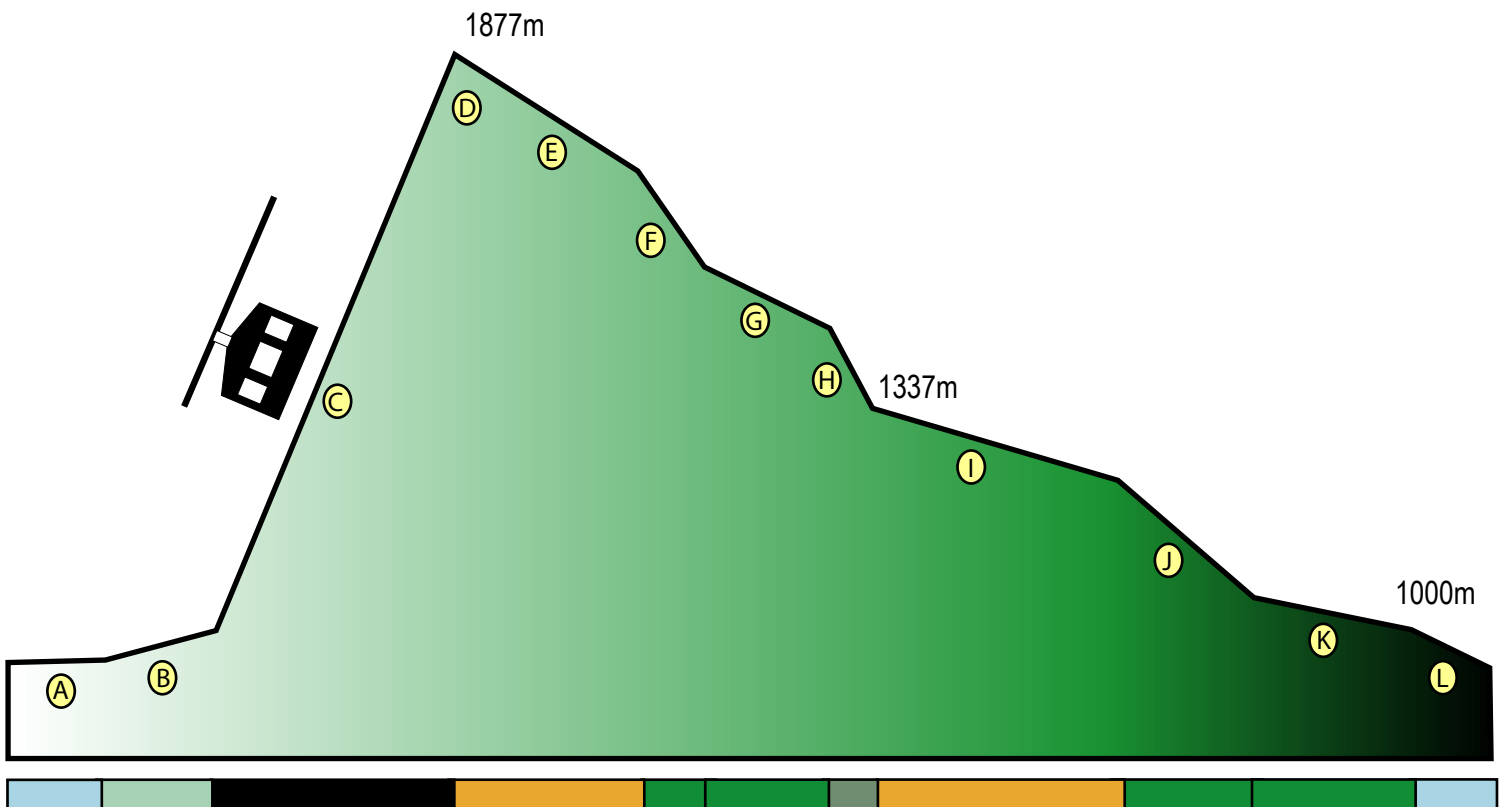


Moderate-High Difficulty



Singletrack Fire road Rocky Track Gravel Road

Overview: Moderately steep DH, for experienced riders – technical in places, great fun!



The Ride:

- A. Leave Chamonix 09.30am - Ride by Road
- B. River ride on Gravel Track (10 mins)
- C. Take the Flegere Cable Car - 1877m (Open June)
- D. Vantage point with views of Cham Mont Blanc. Photo stop
- E. Down a fast open rocky Fire road before going into trees
- F. Rocky and rooty Singletrack with switch backs undulating down the face of the mountain in the trees
- G. Ride along rocky Singletrack - slight decline
- H. Slightly steeper descent to Chalet Floria for coffee break (A beautiful Chalet covered in Flowers)
- I. Smoother ride down Fire road under tree cover
- J. Fun Singletrack blast
- K. Gentler Singletrack back to centre of Chamonix
- L. Arrive in Cham for lunch in the sun!

Stats:

1. Run time: 1/2 day - 09.30 - 14.00
2. Expect: Very pretty views, sun exposure and tree cover. Lots of excellent DH, no real ascents
3. Difficulty: High
4. Fitness: Average Level of fitness required
5. Suits: Experienced riders
6. Bike: XC Full Sus bike
7. Required: Good brake pads (steep downhill), spare tube, pump, multitool
8. Tip: It is popular for a second run to be attempted after lunch to complete all the switch backs without putting a foot down!